

Finding Your Voice: Courage, confidence and ownership for young people



 **Delivery:** Face-to-face or Online

An engaging presentation empowering young people to build courage, confidence and resilience while taking greater ownership of their future.

Young people are constantly making choices that shape who they are becoming. Finding Your Voice – A Call to Action challenges students to think more intentionally about those choices and the direction they want their lives to take.

Through an engaging and thought-provoking presentation, students are encouraged to step outside their comfort zones, recognise what they can control and understand the influence their mindset, actions and decisions can have.

The session encourages young people to identify what matters to them, understand their “why” and use their voice with courage, kindness and purpose — building the confidence to become active participants in their own future.

Learning Outcomes

- ✓ Take greater ownership of choices and direction
- ✓ Step outside their comfort zone and embrace opportunities
- ✓ Build confidence through action
- ✓ Develop greater awareness of what they choose to focus on
- ✓ Respond more constructively to setbacks and challenges
- ✓ Identify their destination and understand their “why”
- ✓ Recognise the impact their actions can have on others
- ✓ Use their voice with courage, kindness and purpose